

# Mid-Florida PHYSICAL THERAPY

## Physicians United Plan Selects MFPT as the Sole Provider for Physical Therapy in Our Area

Important information to all patients and physicians regarding the new Physicians United Plan (PUP). Mid-Florida Physical Therapy has been selected as the only physical therapy clinic in the area contracted to provide services to patients who are covered under PUP.

PUP is a coordinated care plan with a Medicare Advantage contract providing hospital, doctor, outpatient care, and prescription coverage for people with Medicare. It provides one of the largest networks of doctors, specialists, hospitals and outpatient facilities in the area. With PUP, the hassle of waiting for referrals for network doctors is eliminated.

Physicians United Plan was established in 2005 with the sole purpose of providing quality care to the Medicare Beneficiaries of Central Florida. Physicians United is proud to offer its plans to all beneficiaries entitled to Part A and enrolled in Part B and living in its service area located in Central Florida. Dedicated solely to the Medicare Beneficiaries of Central Florida (including Lake, Marion, Orange, Osceola, Polk, Seminole, Sumter, and Pasco counties) their plans provide all the benefits of Original Medicare, plus additional benefits. The plans combine the benefits of Medicare Parts A & B, replace the need for supplemental insurance, provide coverage for preventive care and include Part D prescription drug coverage. We are looking forward to providing the same quality care to patients covered under PUP that we currently provide to all of our patients. Please call our Mid-Florida Physical Therapy at (352) 629-4509 if you have any questions.



*March is National Athletic Training Month.  
Mid-Florida Physical Therapy would like to  
thank our Certified Athletic Trainers Rob  
Coutu, MS, ATC and Erin O'Brien, MS, ATC  
for their hard work and dedication.*

VOLUME 4 ISSUE 1

**Main office:**  
2210 SE 17th Street  
Suite 302  
Ocala, FL 34471

**Phone: 352-629-4509**  
**Fax: 352-629-5005**  
**Email:**  
[mfpt@midfloridapt.com](mailto:mfpt@midfloridapt.com)

Visit our Website!  
[www.midfloridapt.com](http://www.midfloridapt.com)

### Other Locations:

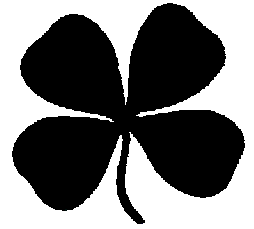
**Hwy 200 West**  
**(near On Top of the World)**  
9850 SW 84th Court  
Ocala, FL 34481  
(352) 237-5669

**Beverly Hills**  
2155 West Mustang Blvd.  
Beverly Hills, FL 34465  
(352) 527-2211

**Dunnellon**  
12139 S. Williams Street  
Dunnellon, FL 34432  
(352) 489-2500



## Ocala Hand Therapy of Mid-Florida Physical Therapy



Happy St. Patrick's Day

### Medicare Cap Exemptions for Outpatient Orthopaedic Patients

Recent reports regarding the Medicare cap for outpatient physical therapy have led to confusion for both patients and physicians. It has been reported over the past few months that outpatient rehab services should only be considered at a hospital based facility because these facilities are not subject to the Medicare cap. **This is not true.**

The Deficit Reduction Act of 2006 directed the Centers for Medicare and Medicaid Services (CMS) to develop a process to allow for **Exceptions** to the caps in cases where continued therapy services are medically necessary. The automatic processing of exceptions is made when the patient's condition is justified by documentation from the Physical Therapist. This documentation must indicate that the patient requires continued skilled therapy beyond the amount payable under the therapy cap to achieve their prior functional status or maximum expected functional status within a reasonable amount of time.

Clinicians may utilize this automatic process for exception for any diagnosis for which they can justify services exceeding the cap. CMS has directed clinicians in outpatient settings that one or more of these orthopaedic conditions will be appropriate for automatic exemptions:

- Joint Replacement
- Fractures
- Disorders of the CNS
- Osteoarthritis
- Difficulty walking
- Tendon Ruptures
- Intracranial injuries
- Vestibular problems leading to abnormal gait or coordination
- Upper/Lower limb amputations
- Degenerative disease of the CNS
- Disorders of the PNS
- Contracture of a joint
- Rotator Cuff injuries
- Osteoporosis
- Injury to nerve roots of spinal plexus

Mid-Florida Physical Therapy is dedicated to providing outstanding care to all of our patients. We have experience following the Medicare guidelines to exceptions for the therapy cap in accordance with the Deficit Reduction Act of 2006. Physical therapy patients can rest assured they will continue to receive the same exceptional care they have come to expect from the professionals at Mid-Florida Physical Therapy. If patients or providers have any questions, they may contact Mid-Florida Physical Therapy at 629-4509, or by email to [mfpt@midfloridapt.com](mailto:mfpt@midfloridapt.com).

Mid-Florida Physical Therapy would like to congratulate the Trinity Catholic Celtic Football and Volleyball teams for advancing to the Regional Semifinals, the Celtic Girls Soccer team for advancing to the Regional Finals for the first time, and Quincy Hoppel and Josh Armstrong for advancing to the State Finals in Wrestling. Go Celtics!



Ocala Hand Therapy would like to announce the addition of Terri Guadagni, CHT, OTR/L, a Certified Hand Therapist, to our staff. Terri will be seeing patients in the Ocala clinic in the afternoon beginning in March. She will be accepting new patients immediately.